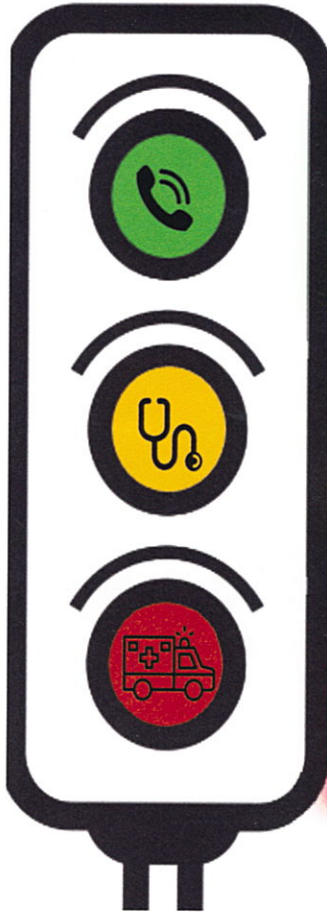


# Know Before You Go!



## Call Your Doctor

### When You Have:

- A cold, fever, sore throat or the flu
- A backache
- Nausea, Vomiting, Diarrhea
- An earache or eye infection
- Allergic reaction/ red bumps, itching, burning sensation
- A urinary tract infection/ painful urination

### When You Need:

- A check-up or physical
- Medication refills or changes
- A flu shot or other vaccines
- Health advice or routine testing
- Referral to a specialist

## Go to Urgent Care

### When You:

- Could not reach your doctor
- Need medical care today but you are unable to get an appointment with your doctor, after office hours or on the weekend
- Received instructions from your doctor to go to an Urgent Care Center

## Go to the ER or Call 911

### When You Have:

- Trouble breathing or chest pain
- Sudden numbness or weakness
- Uncontrolled bleeding
- Severe pain or suffered a serious injury