

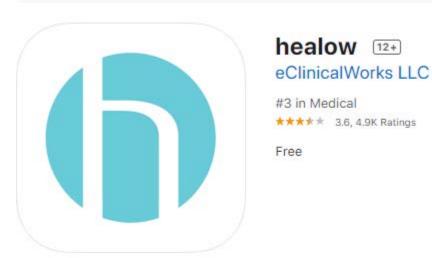
## How to use your Healow App for a TeleHealth

## **Pre-Visit Checklist:**

- ✓ Download the Healow Application.
- ✓ Ensure you have a private and quite area with good internet connection for your visit.

## **Get Started:**

1. Download the Healow App from the App Store for iPhone or the Google Play Store for Android.



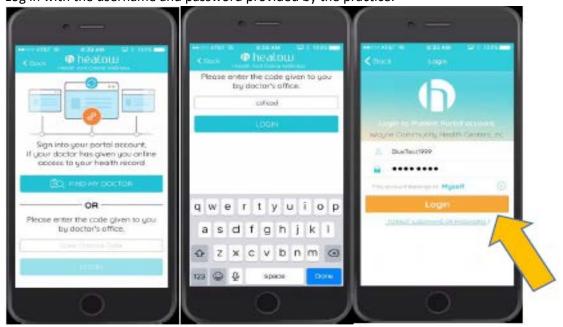




2. Once installed, launch the Healow app. You will be prompted to *Allow* or *Don't Allow* notifications and access to your location. Answer your preferences and then select *Get Started*.



- 3. Search for our practice by provider name or our practice code: (BFIEAA)
- 4. Log in with the username and password provided by the practice.

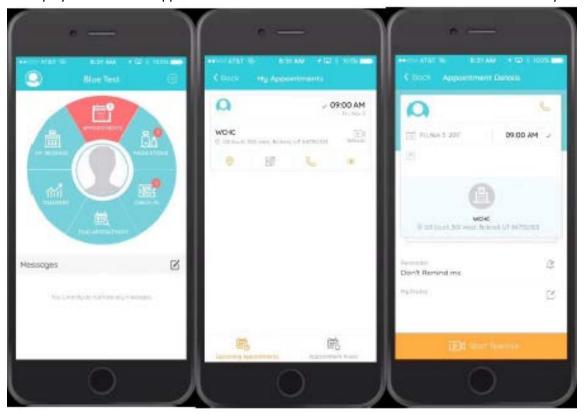




5. Review and Accept the *Terms of Use Agreement* and then create a four-digit pin. This pin will be used for future logins. Then select *Done*.

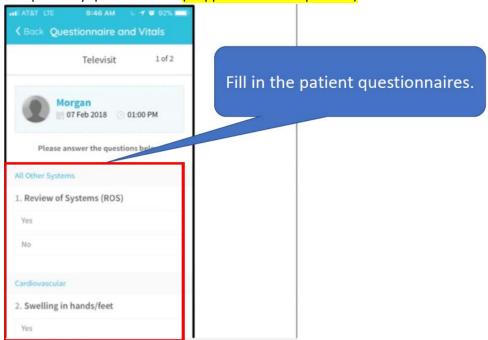


6. Now you are logged in. From the home screen, select *Appointments*. Your appointment provider and time will be displayed. Select the appointment and then select *Start TeleHealth* from the bottom of your screen.

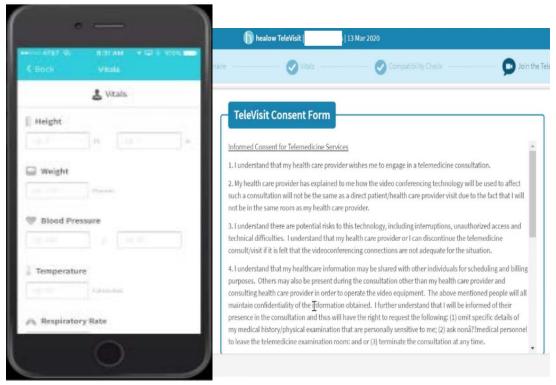




7. Complete any questionnaires (if applicable for the practice).



8. Enter any applicable vital signs and then accept the TeleHealth Consent Form.





9. When the provider joins the visit, you will receive a pop-up message reading, *Healow would like to access the Camera* and *Healow would like to Access the Microphone*. <u>Allow both</u> and enter pin. The video of the provider will start showing. When the visit is completed, select the phone icon to end the video sharing.

